

## HORSEBACK SPECIFIC PROGRAM INFORMATION

1. Have you ever ridden or been around horses before?

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2. Do you use a mobility device, wheelchair, walker or cane? *(please specify)*

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3. Can you support your own body weight either standing independently or through the use of additional support?

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4. How long can you support yourself and how much support do you need?

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5. How is your balance?

*(This question is used to determine the need for side-walkers. A side-walker walks along the side of the horse and places their forearm over the rider's thigh. A side-walker can be present as a precaution, for support when the rider becomes fatigued or to offer support to the rider for the entire ride.)*

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6. Do you get fatigued easily?

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7. What other activities are you involved in?

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Comments:

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*Please Note: All participants must wear appropriate apparel, which includes long pants, closed toe shoes with a heel, and a helmet (helmet provided by the National Ability Center)*