



COACH Internship

Creating Opportunities for **ACH**ievement

Program Summary

The National Ability Center's COACH Internship program is a pilot program designed to create a structured and successful continuum of growth and learning for young adults with disabilities that enables them to transition from school to work. This program is based on our belief that outdoor recreation and adventure programs are an excellent catalyst for teaching vital life skills.

Program Description

The COACH (Creating Opportunities for Achievement) program is a year-round, seasonal (9-12 week) internship build on the National Ability Center's existing internship program.

The internship is available to those ages 16-22 with a disability. The intern must be independent or provide a personal care attendant and transportation to the National Ability Center. Housing is not available.

COACH Internship Overview

The role of the COACH intern is to assist in all aspects of programs and administration at the National Ability Center. Interns will be supervised by a National Ability Center staff member, while performing various jobs and tasks around the office and in programming.

A COACH intern might assist in organizing, planning and implementing specific adaptive recreation activities and/or administrative duties, attend program orientations and support in programs for our participants, or support the care and maintenance of program and administrative equipment including proper clean up and storage. Throughout the internship, COACH interns will also need to demonstrate proficiency in both the hard and soft skills that are required to work within an office environment.

COACH Intern Qualifications

- Individuals ages 16-22 with a disability
- Must either be independent or provide a personal care attendance during their internship.
- Commitment to a positive, fun and team-oriented working environment.
- Awareness of safety and risk management.
- Completion of a Utah State background check.
- Willing and able to tolerate extended periods in the elements, including sun and water, with reasonable accommodations.
- Must be able to work independently with minimal supervision.

Contact

For questions, or to apply for the COACH Internship, please contact Liz Longhurst at: hayleym@discovernac.org or (435) 649-3991