

### Do I get paid?

We offer a stipend of \$900 to full time TR interns. This is taxed and paid out monthly.

### Do you provide housing?

At this time, we do not provide housing for interns.

### Is housing easy to find and affordable in Park City?

Park City is a resort town and therefore has plenty of housing options, yet not all options are affordable. Your best bet is to rent a house, apartment, or condo and share it with 2-3 other people. Rooms will range from \$300-\$800/month, plus utilities. Interns often end up collaborating and securing housing together. We do provide interns resources to help them in their search for housing upon acceptance. **Please note that the National Ability Center is not responsible for any housing choices, rental agreements or relationships. All rental arrangements must be made between the owner and the renter.**

### Will I need a car?

A car is strongly recommended. If you live in the town of Park City, there is excellent city bus service around town and to the resort, however, the bus does not go to the National Ability Center, so another mode of transportation is needed. Often times, interns share a car and expenses, however, interns are not always scheduled together and there are shifts that require interns to be off-site. There is a paved Rail Trail that runs from town to National Ability Center and is easily biked in the Summer and the beginning of Fall. It is about 4-5 miles.

### How long is the internship?

Our internship is 14 or 15 weeks/560 hrs. Schools often require a 15 week/600 hour internship. Per NCTRC requirements, interns will work no less than 25 hours and no more than 45.

### How many CTRS do you have on staff?

Currently, we have four full-time staff members that are CTRS.

### Will I be supervised by a CTRS?

Yes. Our current internship supervisor is a CTRS and has worked at the National Ability Center for over 1 year to meet NCTRC requirements. The internship supervisor will supervise your internship as a whole, yet you may not *always* be working directly under the supervisor, as we have many supporting program staff that implement programming. Many of our program staff are also CTRS and have a strong background in this field.

### Will I get a chance to practice all steps of the APIE process?

National Ability Center is a community recreation site, and while our therapeutic process is not as formal as a clinical site, we still have all the steps in place. You will get a chance to perform assessments, plan and implement lessons and/or programs, document progress, and conduct program evaluations. Interns will also conduct a five-week case study, in which you are working one on one with a participant, performing and documenting all steps of the process.

## Will I be prepared for the NCTRC exam?

Many interns have completed their internship at the National Ability Center and have successfully sat for the exam. We provide a structured schedule of assignments for the intern to complete study guides, which will include practice questions from all eight sections, a comprehensive practice exam at the end, and a walk through of how to apply for the exam.

## Will I be allowed to have a second job?

**The internship should be your first priority**, but the need for a second job is certainly understandable. We ask that you schedule your second job around your internship schedule. You will be given your schedule a month at a time, and you will receive your schedule 2 weeks before the upcoming month. Part-time jobs, babysitting and house/dog-sitting jobs are fairly easy to find in Park City.

## Do I have to have experience in the program areas?

Yes. Ideally we are looking for interns with personal or professional experience in *at least* one of our program areas. By no means do you have to have experience in *all* program areas, nor do you have to be an expert in any one. You will be trained to support all programs (dependent on season) as an assistant and as skills develop within each program area, so will your level of responsibility. Each intern will be checked off in each program trained by a lead staff member before being cleared to support.

The exception would be within a program that requires a certain amount of skill. This would apply to the ski and snowboard program and aquatics. If you have never participated in either activity, we cannot guarantee that you will have an opportunity to learn. Interns working in the ski & snowboard and aquatics programs need to be comfortable with their own skills in order to effectively assist others. On snow, this is measured by skiing green and easy blue runs with no support. If time and resources permit, you may get a chance to learn ski or snowboard and eventually assist lessons on-snow.

## Do I need my own equipment?

It is helpful if you have your own ski or snowboard equipment. If you do not have your own equipment, but know how to ski or snowboard, you may be able to find discounted equipment upon arrival to Park City. You may want to secure your own equipment before arriving. There are often sales and ski swaps here in Park City, so you may want to wait until you get here to buy. For all other programs, you may borrow equipment from the National Ability Center.

## Can you describe a typical day as an intern?

Interns will have a dynamic and busy schedule! To provide exposure to each of our program areas, as well as experience in administrative roles, an intern's schedule will vary day to day. An intern could spend an entire day supporting one program, or, they may support many programs and have different roles throughout the day. Weekend work is required, and hours can vary from working early shifts to working late at night.

## Are there opportunities for employment with National Ability Center after the internship?

Like most non-profits, full-time jobs are few and far between, but we offer part-time jobs! Interns often fall in love with the National Ability Center and Park City, and stick around after the internship to work for us on a part-time

basis on Universal Staff, or in our Adaptive Skiing & Snowboarding program. The best way to gain full-time employment is to keep your foot in the door, and when a position opens up, you are available and qualified!

## Are there a lot of TR jobs in Park City?

National Ability Center is the only true TR job in Park City; however, Salt Lake City is only 40 minutes away and holds many job opportunities in both community and clinical settings. There are two assisted living centers for people with developmental disabilities in Park City that are always hiring, and there is an alternative high school nearby that utilizes recreation in its curriculum.

## What age groups will I work with? What disability groups?

We serve all ages (3 and up), and all abilities.

## Can I get any more additional information?

All the information you should need is available on the website: [www.DiscoverNAC.org](http://www.DiscoverNAC.org). If you have any other specific questions or needs, please feel free to call: 435.649.3991.

## How do I apply?

Your internship application materials should include: Resume, Cover Letter, and Intern Application (found on the website) to Attn: Lauren Willie, by the following deadlines:

Winter Internship	October 1
Summer Internship	March 1
Fall Internship	June 1

You may email or mail your application materials.

P.O. Box 682799  
Park City, UT 84068

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