A CAMPAIGN FOR A FUTURE OF POSSIBILITY

Whether learning to discover a new normal after a recent diagnosis or overcoming life-long challenges, the opportunity to conquer the mountain brings strength, resolve, and a deep-seated resilience. With the National Ability Center, each of us can conquer the mountains we face.
Mountain Center

The National Ability Center has established a legacy of providing world-class adaptive programming delivered on the downhill slopes at Park City Mountain Resort. For more than 30 years these programs have been run out of make-shift facilities including the current double-wide trailer.

The Mountain Center will dramatically improve the NAC’s ability to provide appropriate “ski-in and ski-out” access for participants to utilize the myriad of specialized equipment uniquely designed for adaptive downhill athletes and both winter and summer recreationists. The facility will be welcoming and appropriate for kids, families, veterans, and all who participate by providing dignified and appropriate facilities to learn, train, be fitted, or take a step back from potentially over-stimulating environment.

During the heavy winter sports season, the current constrained 1800 sq. foot facility already hosts over 5500 individual lessons. The new facility will accommodate the growing winter programs and will be utilized throughout the summer for hiking, mountain biking, and family and camp activities.

“The first time I learned that I could mono ski it was like achieving a true independence”
ALMA S.

The new facility will feature

- Specialized Equipment Room
- Training Space
- Upper and Lower Lobbies
- Adaptive Athlete Locker Room
- Instructor Locker Room
- Family Restrooms
- Kitchen
- Sensory Room
- Respite Room (for those under treatment)
From the veteran adjusting to life after war, to the child who gains new strength to stand for the first time, something incredible happens when a rider climbs onto a horse at the National Ability Center. A life-changing transformation begins.

Join us and ensure that the healing power of horses reaches more individuals, kids and families for years to come.
Equestrian Center Expansion

Through adaptive horseback riding, equine-assisted learning (EAL), and hippotherapy, hundreds of individuals forge bonds each year with their horses and instructors while discovering their own empowering physical, mental, and emotional capabilities.

Thanks to donors like you, for over 20-years veterans, children, and families of all abilities have benefited from the horses, instructors, therapists, and space to engage in equestrian programs at the National Ability Center. However, the waitlist to participate continues to grow and with your help, we will be able to grow too, and meet the increasing need and always say yes to a family in need.

The expanded Equestrian Center will provide designated spaces for physical therapy, occupational therapy, and speech language pathology, as well as participant viewing areas for families. The renovated facilities will incorporate advances in technology while focusing on safety at every turn and providing versatile spaces for training, education, and other local and national activities and conferences. Renovations will also include an improved and expanded outdoor arena – creating a legacy of ability, healing, and strength for all involved.

“Working with the horses has helped me become more aware of my thoughts and feelings and gives me the ability to better express those feelings to others.”

EQUINE ASSISTED LEARNING PARTICIPANT

Features of the Expanded Equestrian Center

- Therapy Room
- Mounting Ramp
- Tack Room Storage
- Observation Room
- Family Respite Space
- Horse Bathing Stalls
- Multipurpose Meeting and Training Spaces
- Office Space
- Campus Restrooms
A CAMPAIGN FOR A FUTURE OF POSSIBILITY

Step outside, listen, and breathe deep. Nature is powerful, contains an infectious spirit, and is a great teacher. Through innovative equipment, expertise, and program design, the National Ability Center helps families experience nature and sport that they may never have thought possible. With your help, we will break through perceived boundaries and push forward to a new future!
Campground and Ranch Expansion

For veterans with multiple limb loss climbing their first wall, children on the autism spectrum on their first camping trip, an athlete with a spinal cord injury mountain biking across the crest, and so many others, outdoor recreation provides unique challenges that engage focus and develop creative thinking to reach new heights.

At the National Ability Center, innovation is a key part of success. Every day we push our staff and equipment further, finding more effective ways to support each individual’s unique abilities. From new bikes and creative camping gear, to simple straps, padding and duct tape, the NAC is committed to finding solutions and sharing these discoveries through training and education programs on and off campus.

With growth and increase in demand for programs, it has become necessary to build out the infrastructure at the ranch to allow for richer and more enhanced program delivery and space for innovation and creativity that allows everyone to reach their goals and go beyond.

“The NAC is an amazing way to rebuild confidence in yourself, and gain awareness of what your limitations AREN’T.”

CPL JAMES M.

Key Features of the Ranch Expansion Include

Construction of an Accessible Campground including cabins, yurts, and platform tents. This campground will serve as a training space for camping independently and with families.

Expansion of Program Services Building including improved intake and assessment areas, a new and expanded climbing wall, and much needed office and collaboration space.

Expansion of Cycling Center that hosts an inventory of 250 adaptive and standard cycles, making it one of the largest fleets of adaptive cycles in the US.

Construction of Cycling Test Track; a dedicated safe place for riders to learn skills and test new bikes. This space allows room to fit cycles to the unique abilities and goals of each individual.

Construction of a Greenhouse and Sensory Garden; a place for respite, sensory stimulation, and education. Children up to aging adults will get their hands dirty, their minds soothed, and their bodies fed as they nurture plants selected for healthy eating and stimulating touch, taste, and smell.
By providing truly accessible on-site lodging, the NAC removes the fear and worry that many families with disabilities experience as they consider traveling. The new lodge at the NAC is designed to meet the unique needs of those with different sensory, physical, and cognitive abilities as well as be the local resource for inclusive medical, therapeutic and recreational trainings and retreats.
Lodge 2

The National Ability Center has become a target destination for individuals and families nationally and even internationally. With participants coming from all 50 states and another 18 countries, accessible on-site lodging beyond ADA requirements is a critical component of fulfilling the National Ability Center’s mission and global vision of support, access, and inclusion.

The addition of another lodge is necessary to accommodate families wishing to room together, to support individuals with higher-level injuries who may require transfer equipment and specialized kitchen support, and to provide housing for the growing Paralympic athlete and COACH internship programs (the COACH internship provides first-time job experience for young adults ages 16 -22 with different cognitive, sensory, and physical abilities). Rooms are designed for stays of one week to several months and include small kitchenettes. Shared spaces include therapy rooms, gathering, and welcoming places.

Designed as a home-away-from-home, the new lodge provides a truly welcoming and supportive environment. New friendships and connections are created here every day that become national and international support networks. The lodge provides peace of mind and the space to train, learn, recreate, and relax.

“Learning to live with our always changing daily ‘new normal’ creates a lot of stress and unknowns. Always on a high level of energy. Being here at the NAC, I felt we were able to relax as a family and enjoy just being a family.”

JEANNETTE M.

Features of the new lodge

Up to 14 Family Suites
Another 21 Individual Rooms

Energy Efficient Design
Storage and Multipurpose Spaces
Adults and kids alike need time and space to explore, to clear the mind, and to play. The Recreation Center will allow kids of all ages to smile, to laugh, and to challenge themselves and each other through both organized and free play experiences. With its multifunction indoor/outdoor design, the healing powers of both nature and opportunity will surround those who recreate here.
"My eyes were opened to things I had never realized. I pushed myself and was able to accomplish things I had never done before and I felt human again for those moments."

- PROGRAM PARTICIPANT

Features of the Recreation Center

- Accessible and Challenging Bouldering Wall
- Full-size Multiuse Indoor Sports Court
- Easy and Versatile Access for All
- Conference, Training, and Meeting Space
- Lockers
- Warming Kitchen

Recreation Center

Year-round activities at the National Ability Center incorporate the positive benefits of seasonal and universal recreational activities. The new Recreation Center at the heart of the NAC’s campus, will provide a permanent home for various adaptive sports trainings, education and training programs, yoga, and an expansive and adaptive indoor bouldering wall. Broad and open doorways will bring the outside in and vice versa, allowing individuals of all abilities to walk or roll across multi-use flooring from under the skies to under a roof and back again.

The Recreation Center will also provide protected spaces during inclement weather for cycling and other traditionally outdoor programs and activities.
The National Ability Center brings partners and community organizations together to make us all stronger. Such strength and partnership will be on full display in the new Community & Programs Building. Here people will come together to share in experiences that foster healthy, positive relationships, to express their creativity, and to build skills for life.
Community & Programs Building

Through community partnerships, tailored individual engagement, after school programs, and summer camps, the Community and Programs Building will allow the NAC to expand how it invites and engages individuals and the community for learning and growth. Here the Kimball Arts Center can provide art therapy while partners from Edwards Life Sciences will teach veterans business skills. Children from Shriner’s Hospital will come together for things like karaoke parties, while summer camp participants will experience daily opportunities for creativity, expression, and much, much more!

With immediate access to Round Valley trails and the on-site archery range, this building will also serve as the launching point for archery, Nordic, and hiking programs. And as with all spaces at the National Ability Center, this facility will be adaptable to the needs of the community, to serve diverse populations, support many programs, and deliver on key outcomes.

“The NAC is an environment of discovery, acceptance, inclusion and growth. The soul deepens whilst the heart lightens and truth is realized.”

PROGRAM PARTICIPANT

Features of the Community & Programs Building

Versatile Meeting and Programs Space
Sensory Room
First Aid/Medical Care Room

Offices for Camp and Recreation Staff
Warming Kitchen
Support Spaces for Archery and Nordic Programs