Discover Balance

A Campaign for a Future of Possibility

Adults and kids alike need time and space to explore, to clear the mind, and to play. The Recreation Center will allow kids of all ages to smile, to laugh, and to challenge themselves and each other through both organized and free play experiences. With its multifunction indoor/outdoor design, the healing powers of both nature and opportunity will surround those who recreate here.
Recreation Center

Year-round activities at the National Ability Center incorporate the positive benefits of seasonal and universal recreational activities. The new Recreation Center at the heart of the NAC’s campus, will provide a permanent home for various adaptive sports trainings, education and training programs, yoga, and an expansive and adaptive indoor bouldering wall. Broad and open doorways will bring the outside in and vice versa, allowing individuals of all abilities to walk or roll across multi-use flooring from under the skies to under a roof and back again.

The Recreation Center will also provide protected spaces during inclement weather for cycling and other traditionally outdoor programs and activities.

“My eyes were opened to things I had never realized. I pushed myself and was able to accomplish things I had never done before and I felt human again for those moments.”

PROGRAM PARTICIPANT

Features of the Recreation Center

Accessible and Challenging Bouldering Wall
Full-size Multiuse Indoor Sports Court
Easy and Versatile Access for All

Conference, Training, and Meeting Space
Lockers
Warming Kitchen